



“Switch’n It Up” ...a two-week volunteer led summer program held at Country Gardens.

“I feel so blessed to have made so many great friends in such a short time.”

- Richa K.

Setting a goal to “make their days brighter” Aspirus volunteer, Richa K., brainstormed with other volunteers to devise a two week activity plan for Country Gardens tenants entitled, ‘Switch’n’ It Up with Richa and Friends.”

Over the course of the two weeks, residents were invited to ‘explore the arts’ each afternoon through painting, drawing and use of other mediums. The first day of activity included painting still life objects and sculpting with children’s play



Norma shows off her new creation.

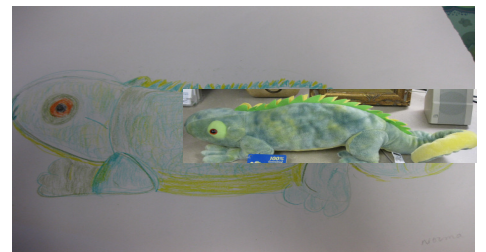
dough. During the activity, volunteers were surprised to learn that some of the adults had never handled play dough before.

Tie-Dye Towels



On day two, Richa and other volunteers worked closely with residents in an attempt to tie-dye. The results were colorful kitchen towels, which the tenants decided could also be used as scarves or table cloths in their rooms.

Following art sessions included coloring and decorating floral pictures with crayons, playing with sand art, and more painting.



In recognition of their efforts, each art class participant received a folder which held their original artworks and space to write their life stories. Richa hoped all the activities would give the residents something new to “brag about” to their families.

The two-week program culminated with residents watching themselves in a short video production set to the song, “In the Mood”.

